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Date 25/03/2020

To Whom it may concern,

Re: Able Futures – Mental Health Support Services – let Case UK support you and your staff during this National Crisis

Case UK want to let you know that we are still here delivering our Able Futures Programme. We are living in unprecedented times with the current National COVID-19 Emergency. However, now more than ever we want to assure you that we are still here to support your employees with their mental health and wellbeing during these troubled times.

If you or a member of your team are currently struggling with stress, anxiety, depression or any other mental health issues, we can provide help and support to you.

We run a confidential service that is delivered by us and funded by the Department for Works & Pensions.

Our mental health professionals provide:

- Tailored work-focused mental health support for nine months
- A range of coping strategies to support those with a mental health condition
- A support plan to keep them in, or return to work
- Specialist advice and support with regard to benefits
- Advocacy for employees
- Collaborative working with Employers, Unions and Employees
- Partnership working with a range of service providers
- Specialist knowledge of local support services that our participants can access



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We are currently working with hundreds of participants across Wales and we are working with over 50 different organisations. These range from small private employers to the large public sector organisations within Wales.

My team and I are abiding by the current government advice and guidelines regarding working within the current climate and we are not able to offer face to face support at the moment. However, we are embracing the digital age and offer alternative ways of communication that suits the needs of each and every one of our participants.

If you would like to find out more about the service we provide, particularly during this difficult time, then please contact myself or Sharon Jones, the operational director, and we can arrange for a member of my team to liaise with you.

Warm Regards,

Managing Director
Case-uk Limited

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